



MOTIVEX, INC.

Personal & Professional Development
with Michelle Volz, LMFT

Mindset-Focused Development Programs for Leadership
Development, Confidence-Building, and Stress Mgmt.

CORE CAPABILITIES

- Design and delivery of mindset-focused programs to improve performance and well-being
- Training in stress reduction, anxiety management, and emotional resilience
- Communication and relationship skill-building for individuals and teams
- Flexible delivery formats including online courses, workshops, and coaching



CERTIFICATIONS

 SAM.GOV® SAM Registered



Public Purchase #2043418



WBE Certified #25000537



DBW/SBE Certified #10243



WOSB Certified [pending]

DESCRIPTION OF SERVICES OFFERED

- Mindset-based personal and professional development programs
- Stress and anxiety management training for individuals and teams
- Confidence-building, emotional resilience, and communication skills workshops
- Online coaching, live webinars, and self-paced course offerings



DIFFERENTIATOR

Michelle Volz is not only a certified life coach
but is also a licensed mental health clinician.



PAST PERFORMANCE

- Over 600 clients served
- Over 5,000 hours delivered



COMPANY OVERVIEW

Motivex, Inc. provides mindset-focused development programs designed to help individuals and groups manage stress, reduce anxiety, and optimize performance and well-being. Established in 2006, the company is led by Michelle Volz, a Certified Master Life Coach and licensed psychotherapist with over 25 years of experience supporting personal and professional growth.



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NAICS

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CODES

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DATA

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Michelle Volz, LMFT



Licensed Marriage & Family Therapist
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Certified Master Life Coach
[6242020]



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